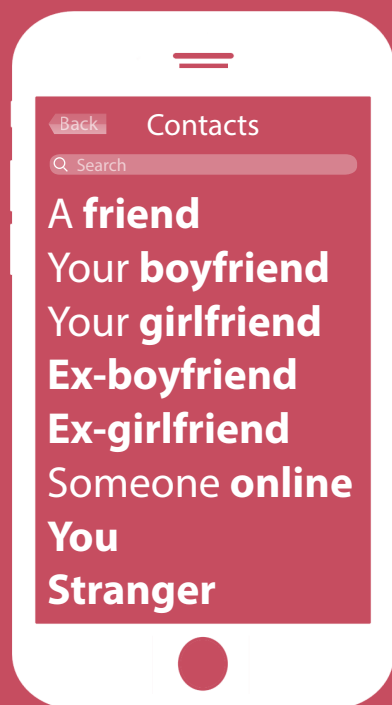


# WHAT IS SEXTING?

Sending and / or receiving  
naked pictures or 'nudes'

Sending and / or receiving  
sexual or provocative  
pictures or videos

## THESE COULD BE FROM...



# REMEMBER YOU ARE NOT ALONE

The police are there to support  
you, not judge you. Contact **101**  
or your Safer School Police Officer

## HELP AND ADVICE IS OUT THERE:

Parents and Carers

Teachers

Childline

0800 11 11 | [www.childline.org.uk](http://www.childline.org.uk)

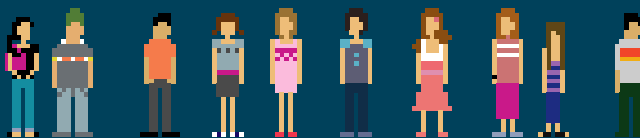
Childline free Zipit app

CEOP

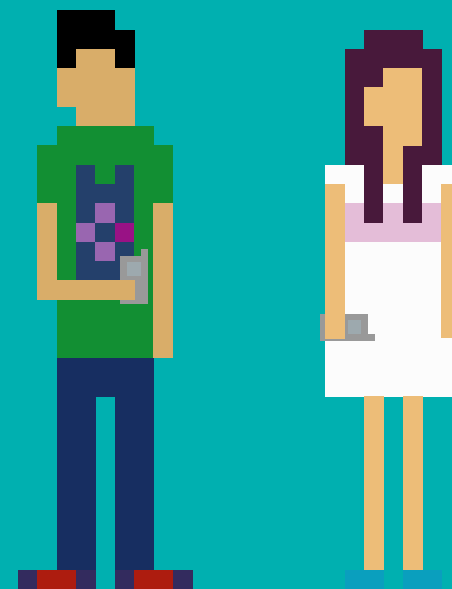
[www.ceop.police.uk](http://www.ceop.police.uk) | [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

GFS Platform

01493 852253 | [www.gfsplatform.org.uk](http://www.gfsplatform.org.uk)



# DO YOU SEXT?



**NORFOLK**  
CONSTABULARY

*Our Priority is You*

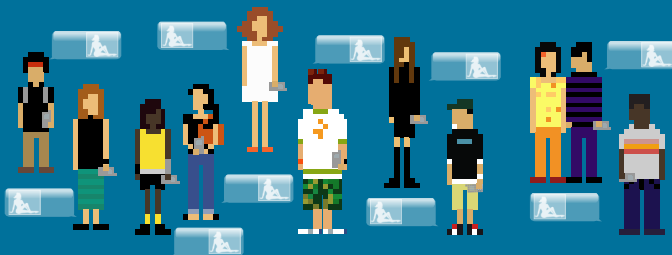
# BEFORE YOU SEND A PHOTO OR VIDEO ASK YOURSELF ....

- Why do you want to send it?
- Who are you sending it to?
- What are the risks?
- Who might end up seeing it?
- What could happen to it?

Remember once a picture or video is shared it is impossible to get back.

## IT COULD END UP ANYWHERE

For example it could be posted online where it can then be copied, changed and distributed without your knowledge.



ASK YOURSELF...

**ARE YOU HAPPY FOR EVERYONE TO SEE THAT PHOTO OR VIDEO YOU JUST SENT?**

# SEXTING HAPPENS FOR LOTS OF REASONS

Such as:

- Feeling harassed or forced
- Peer pressure from others
- You may want to fit in
- You feel it may prove your sexuality
- You're in love or in a relationship
- You're in a long distance relationship
- You may trust your partner
- You may just be proud of your body!

## WHO COULD END UP SEEING YOUR SEXT?

Friends



Family



Teachers



Entire school/college



All with internet access

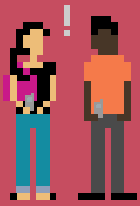


Future employer/colleague



**BASICALLY ANYONE AND EVERYONE COULD SEE YOUR SEXT!**

# SEXTING CAN HAVE SERIOUS CONSEQUENCES



**Did you know?**

**Sexting is a criminal offence. You could be criminalised and even potentially put on to the Sex Offender Register!**

## THE FACTS

It's illegal to sext with someone under the age of 18, as technically you are producing and distributing child pornography. By receiving and then sharing the pictures or videos you are at risk of being prosecuted, even if the picture is taken and shared with permission.

## DO YOU KNOW

When applying for University or jobs they often do background checks on you, which could include criminal checks, Facebook or any other sites where your name is mentioned. This may affect the success of your application. Many countries requiring a visa will not let you travel with certain criminal convictions; these include America and Australia.