

STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1



MON

MAINS

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE
with Spring Onion, Pepper & Garlic

SIDES

CRUNCHY RAINBOW SALAD



TUE

NASHVILLE BAKED CRISPY CHICKEN BURGER
with Ranch Slaw

CAJUN SPICED BAKED VEGGIE BURGER
with Ranch Slaw

CRISPY BAKED HOME FRIES



WED

ROAST PORK, STUFFING & APPLE SAUCE
with Gravy

Either as a classic roast dinner or loaded into a ½ baguette
ROASTED ROOTS FILO STRUDEL

SKIN ON ROASTIES CARROTS & BROCCOLI



THU

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS



FRI

Choose from:
BATTERED FISH SAUSAGE or VEG SAUSAGE
(battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CHICKEN CAESAR SALAD

FALAFEL & POMEGRANATE COUSCOUS SALAD

QUINOA & FETA SUPERFOOD SALAD

HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD

TIKKA CHICKEN & MINT YOGURT SALAD

DESSERTS

WARM LEMON DRIZZLE SPONGE
with Custard

BLACK & WHITE SHORTBREAD COOKIE

STICKY TOFFEE PUDDING
with Toffee Sauce

FLAPJACK

STRAWBERRY TRIFLE POT

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2



MON

CURRYWURST

in a crusty baguette

**CAULIFLOWER
SCHNITZEL** V

**POTATO SALAD
BRAISED CABBAGE**



TUE

**PULLED CHICKEN
TIKKA PIE**

**CHANA MASALA
STUFFED PIE** V

**CRISPY BOMBAY POTATOES,
CUMIN ROAST CARROTS &
PARSNIPS**



WED

**BRITISH PORK SAUSAGE
TOAD IN THE HOLE**
with Onion Gravy

**QUORN SAUSAGE
TOAD IN THE HOLE** V
with Onion Gravy

**SKIN ON GARLIC ROASTIES
GREEN BEANS**



THU

**SMOKED CHILLI BEEF
OVER RICE**
with Smashed Nachos, Spring Onion
& Sour Cream

**VEGGIE BEAN CHILLI
LOADED NACHOS** V
with Spring Onion & Sour Cream

**SMOKY
CORN**



FRI

Choose from:
**BATTERED FISH
SAUSAGE or VEG SAUSAGE**
(battered or plain) V
Margherita Pizza V
Chicken Nuggets
Chips V

**MINTY PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE** V

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL
SALAD**

**CLASSIC NICOISE
WITH EGG**

**BRIGHT & LIGHT CHICKEN
PASTA SALAD**

**SUPERFOOD
GREEN SALAD**

**ASIAN CUCUMBER,
EDAMAME & NOODLE SALAD**

**JERK CHICKEN &
PINEAPPLE SALAD**

DESSERTS

APPLE CRUMBLE
with Custard

SHORTBREAD

**NEW YORK VANILLA
BAKED CHEESECAKE**

BROOKIE

**WARM WHITE
CHOCOLATE BLONDIE**
with Custard

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HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2



MON

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE LASAGNE V

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

KUNG PAO
PULLED PORK

BANG BANG
CAULIFLOWER V

5 SPICE RICE
& STIR FRIED GREENS



WED

CREAMY CHICKEN &
PUFF PASTRY PIE

SMOKY SWEET POTATO &
RED PEPPER PIE V

CHIVE MASH
PEAS, GREEN BEANS
SAVOY CABBAGE



THU

SMOKY ALBONDIGAS
(Meatballs)

SPANISH VEGETABLE
TORTILLA V

SPANISH RICE
TOMATO & GREEN BEAN
SALAD



FRI

Choose from:
BATTERED FISH
SAUSAGE or VEG SAUSAGE
(battered or plain) V
Margherita Pizza V
Chicken Nuggets
Chips V

MINTY PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE V

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC GREEK SALAD
WITH FETA & OLIVES

SQUASH, ROASTED
VEGETABLE
& CHICKPEA SALAD

SMOKY MEXICAN BEAN
CHOPPED SALAD

CRUNCHY RANCH
& EGG SALAD

COCONUT CHILLI
CHICKEN SALAD

DESSERTS

APPLE & SYRUP
SPONGE
with Custard

CHOCOLATE
SHORTBREAD

KEY LIME
CHEESECAKE

CHOCOLATE BANANA
CAKE
with Custard

BROWNIE
with Chocolate Sauce

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HOT GRAB & GO