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#BREAKINGRECORDS
FITNESS

SPRINT SPEED CAMP



KING'S LYNN AND NORWICH SUMMER 2024

#BreakingRecords Fitness can now confirm they are hosting a Sprint Speed Camp for 5 Weeks* in King's Lynn and Norwich to help you sprint faster whatever sport or position you participate in, this is available from 10 years old upwards including adults over 18 years of age (Youths and Adults).

The Sprint Speed Camp is for 5 Weeks consecutive over Mondays at Thorpe St Andrew School in Norwich (22nd July to 19th August) and Wednesdays at Reffley Academy in King's Lynn (24th July to 21st August) both sessions are from 6:30-8pm and has a limit of 15 people at each venue. *Terms and Conditions Apply subject to minimum numbers to guarantee running this for 5 weeks.

Book online today on www.bookwhen.com/breakingrecords-fitness

**www.breakingrecordsfitness.co.uk
07305 823250**