

Diss High Physical Education Clubs January 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
	-		Lunch	-	
Field	Girls Football (KPE) All Years	Year 7/8 Football BOYS (KPE)		Rugby All Years Boys and Girls (JKE/ERI/KPE)	
Netball Courts		Year 9/10/11/6 th Form Netball (ERI / CJE)	Year 7/8 Netball (ERI / CJE)		
Boys Gym		Basketball (All Years) (JKE)	Table Tennis (JKE)	Volleyball Club (7,8,9)	Volley Club (10,11/6 th Form)
Girls Gym	Year 7 / 8 Trampoline Club CJE				Year 9/10/11/6 th Form Trampoline Club JKE
Exam Support	GCSE revision Rm 13 (JKE)			GCSE revision Rm 9 (CJE)	GCSE revision Rm 9 (ERI)
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After School	Trampoline Club (JKE)	Netball Squad Training (ERI)	• •	Weight Training (KPE)	